



Kirkton Public School

Newsletter

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Term 1, Week 2

Achieve With Pride

5th February 2015

Swimming Carnival – Friday 6th February

Our Singleton Small Schools Swimming Carnival will be held this Friday **(tomorrow)** at Singleton Pool.



- Please be at the pool by 9.00 am for a 9.30 start.
- Our school will gather in the grandstand and each child will receive a sun-shirt from a teacher and have their age marked on their hand. Children will need school hats and will have sunscreen available throughout the day. They must wear a sun-shirt at all times, even when not competing.

COST: \$3.00 entry fee per pupil (**pay at pool**)

\$2.00 entry fee for spectators – all family members are to pay spectator fee.

- Transport will be private means.
- Canteen facilities are available. **Please see Price list with this newsletter.**
- If your child is not actually participating in an event (novelty or formal) at a particular time they must remain in the grandstand. This is to meet our supervision responsibility agreement with the pool management.
- The carnival will conclude at approximately 2.30pm.
- **Please see Program of Events with this newsletter.**

We need to man the lanes for timing for one hour: 9.30 am to 10.30 am & 1.30pm to 2.30pm. We will need 8 parents to act as timekeepers (if all lanes are used) for these times.

VOLUNTEERS NEEDED FOR TIMING

Good luck everyone!

Our School will be closed on Friday 6th February due to the Swimming Carnival

FLORA

FRIENDSHIP LEARNING OPPORTUNITY RESPECT ACHIEVEMENT

Swimming For Sport

Our Swimming for Sport program will continue on Friday 13th February. Kindergarten will join with Yr1-6 students for this program. Parents, please see attached Permission Note.

Supervision Hours

Supervision of students commences at 9:00am. Students should not arrive at school before this time unless they travel on the bus. Those students who travel on the bus are required to sit on the seats in front of the library until the 9:00am bell is rung.

The afternoon bell rings at 3:30pm. Please collect your child/children as soon as possible once they have been dismissed. Students who travel home on the bus are asked to sit quietly on the seats in the weather shed until the bus arrives. **There is no playground supervision after 3:30pm. Students are NOT permitted to play on the play equipment after 3:30pm.**

Permission Notes

From time to time our students have the opportunity to participate in activities that have been approved by the Principal.

Permission notes are sent home for these activities and **MUST** be returned to school signed by a parent before your child/children can participate in any activity. These Permission Notes are printed on **blue** paper and usually come home with a newsletter. **Parents please check your children's bags for Permission Notes etc.**

Please note that payment for activities can be made at a later date.

SCHOOL OFFICE HOURS:
8.45am until 3.45pm

Calendar of Events

February 6th

- Small Schools Swimming Carnival

February 10th

- P&C AGM

February 13th

- Swimming for Sport

February 20th

- Zone Swimming Carnival
(Qualifying students only)
- Cattle Judging—Maitland Showground

February 27th

- Swimming for Sport — All students
- Cattle Judging—Gresford Showground

March 6th

- It's A Mad World Performance
- Cattle Judging—N'Castle Showground

March 11th

- Young Teen Talk—Year 6

March 13th

- Swimming for Sport - All Students

March 20th

- Swimming for Sport - All Students

March 27th

- Zone Cross Country (Qualifying students only)



Crunch 'n' Sip

Crunch 'n' Sip is a set break to eat fruit, salad vegetables and drink water in the classroom. Suggested foods are fruit, carrot, celery sticks etc. Please do not send processed food for Crunch 'n' sip. Thank you.

Student wellbeing-

This is of course the major priority of our school. Our staff implements many strategies both formal and informal to help maintain positive wellbeing of our students. As we were updating our departmental child protection information we considered the following information could be of interest to our families – the more information we have the better we can assist others, even ourselves.

When “there is serious conflict” in the home environment children are at an increased risk of negative outcomes in a variety of areas -physical, developmental, psychological and behavioural.

These could include depression, anxiety, post - traumatic stress symptoms, interpersonal problems, developmental problems and behavioural problems (this is not a complete list).

In a school setting these outcomes can be observed and we could see students – ‘acting out’, being violent and aggressive towards others, withdrawing, over compliance, anxiety and disassociation.

Not all children or young people will be affected in the same way. The impacts may be influenced by the characteristics of the child, the characteristics of those negative influences they are being subjected to, the attachment experiences of the child and the impact of those negative influences on the primary carer.

The extent to which parenting capacity is affected by those negative actions is also influenced by the presence of protective and supportive factors in the family unit as well as within the extended family.

Assistance, guidance and more information can be gleaned from Family and Community Services, School Wellbeing Unit, Local Government, Family Referral Services as well as your own Doctor.

The Family Referral Service (FRS) brings together families, support services, and community resources so that our children and young people are safe and well.

They work with all services to find out what best supports young people and families and their children, and what they can do to improve our community resources.

If you are a young person or a family with children, or an extended family member, they will listen to your needs and refer you to the right service, which could help you with:

- Domestic violence experiences
- Housing or accommodation access
- Financial assistance
- Counselling and mediation
- Parenting struggles
- Mental health concerns
- Finding culturally appropriate support

There are many other services that you might need and they can help you find them.

www.familyreferral.services.com.au; Ph: 1300 006 480

Teacher Parent Information Session

Each year the staff holds an information session aspects of school function so we travel through the year understanding how and why things are done at school also allowing parents more input to their child's education if they wish.

This year I would like input from our families so that we can develop a session that is meaningful to your own queries, and to expand your understanding of the education your child will be experiencing.

Please add to the proforma coming home to you today so we can quickly develop up and deliver an information session pertinent to your needs.

**UNIFORM SHOP
OPEN
EVERY TUESDAY FROM
2:30PM TO 3:30PM**

Admin Building

Our building work started this week and is progressing well. Now that the roof has been fixed Mrs Mitchell can be found in the Principal's Office.

Entry to the office will now be by the rear door as the workmen will be utilising the front.

We do apologise for any inconvenience, hopefully things will be soon back to normal.

Tissues

Would all students please bring a box of tissues to be kept in their classroom, if they haven't already done so.

Thank you

School Hat Policy

All students should wear their school hat at school. Our school adopts the policy "No Hat—No Play".

Parents/Carers please remind students to check and make sure they have their hat when leaving for school in the morning.

P & C AGM

Our 2015 P&C AGM will be held on **Tuesday, 10th February** at **6:30pm**.

All positions will be declared vacant. Looking forward to seeing everyone there!

Our first P&C meeting for 2015 will follow the AGM.

Our meetings are held in the school Library. All parents and caregivers and interested family and community members are more than welcome to attend our P&C meetings.

Emailing Newsletter

Our preferred method of distributing our Newsletter is via email. If you have provided us with your email address from now on we will email your newsletter to you. Otherwise your child/children will receive a hard copy. Our newsletter is also available on our website and our school App.

Kirkton Public School's App

Our reminder that our smartphone app is now available for you to download on both the Apple and Android networks. Parents & Carers will now be able to receive travel and other notifications, provide absentee notes, access the newsletter and the school calendar. Our App can be downloaded for free from the Apple Store just search for Kirkton Public School Skoolbag. Further Instructions are with this newsletter



Parental Assistance required in Classrooms

All volunteers MUST have a registered working with children check
See attached request form

**GRETA BRANXTON**
FOOTBALL CLUB (SOCCER)

2015 PLAYER REGISTRATION
5-17 years Junior Mixed Saturday Teams
+ under 5/6s girls only team with enough interest
Men's All Age Saturday
Over 35's Friday Night & Saturday
Women's All Age Sunday
Players turning 5 years in 2015 are eligible to register.
ALL REGISTRATION THIS YEAR IS TO BE COMPLETED ONLINE at
www.gretabranxtonfc.com

FEES:	5yr - 7yr	\$ 75.00
	8yr-11yr	\$100.00
	12yr - 18yr	\$165.00
	Seniors	\$210.00 (+\$5/week fees)

Completing online rego papers and online payment means you no longer need to come to a rego day.
Registration/ info day
14th Feb (9-11am) & 17th Feb (4-7pm)
at Miller Park Sport & Recreation Club.
Registration closes 28th FEB
However first in best dressed policy applies to filling teams

P&C minutes

Tuesday 9th December 6.30pm

Welcome 1840hrs

J Black, N Black, K Lane, D Lambert, M Douglas, J Tonon, K merciea, M Shearer, T Still.

Apologies N Lambert, J Padgett, J Watkins-Tonon,

Minutes

Moved ____ J Black _____ Seconded ____ K Lane _____

Business Arising

Presentation Night / Christmas Tree Night – Fri 12th Dec

- Flowers for leaving families – Searles, Farrelly & Gallegos ? \$50 to spend on each for flowers. T Still to organise.
- Each family to provide a share plate of dinner and dessert
- Santa to arrive after formal proceedings
- Gift of a book to be dropped into school office, labelled with child's name and age
- P&C to sell left over cans of drink, ice blocks, chips, lollies. Joe to purchase ice on Friday.

Pool Party – Tuesday 16th Dec

- P&C to provide sausage sizzle lunch.
- BBQ cannot be on pool grounds – Joe to cook sausages at home and bring in tray warm to pool. Tanya to purchase bread. Sauces from canteen. Poppers to be given to kids as well.

Correspondence

In - P&C magazine Term 4

- Sympathy Return thanks, J. Tonon and M Walter.

Out

Reports

- Principal - see report
- President - see report
- Treasurer - Balance nov \$4489.40 . Balance Dec \$5600.65
- Canteen - Icecream day last wed a success. To happen again this wed until stock is gone. Parents can purchase leftover canteen stock on last day of school for cost price. K Lane happy to continue the canteen for next year.
- Uniform - Final stock of uniforms to be handed over to school for them to organise for next year.
- Market Group - Successful , more parents have been contributing. Last market day for this year the sunday before xmas.

Agenda items

- Sale of left over canteen stock
To avoid the risk of spoilage to food over the holiday break we aim to sell off as much left over stock as possible.
Kylee to do an inventory of leftover canteen stock with a cost price for each item. Kristen to do the same with leftover cinema stock.
A note to be sent home to parents with items and prices and times parents are able to purchase. Cash payment on the day required.
- Financial Auditing – to be organised between Jenny Spellman and Joe Tonon to be prepared and ready for AGM 2015
- School support – request for funding to support the purchase of materials for the PM reading program. This program is used by all students from Kindergarten up to around year 3.
Donation amount \$_____2000.00_____
Moved __J Tonon_____ Seconded D Lambert_____

General business

Certificate of appreciation to be sent to cessnock council for supporting our fundraising this year.

N Black is the contact for sacred Tree markets for gate fundraising

Afterschool sport/care. Could it be looked into for next year ie price, availability , parents that would be interested etc..?

Next meeting: AGM Tuesday 10th February 2015

Meeting close __1925hrs_____

HAPPY XMAS AND NEW YEAR!!!



Nutrition Snippet

The simplest way

...to make ice blocks.

Summer afternoons are hot and sticky in Australia, and kids come home from school tired and hungry. Get them eating fruit with these super easy, fruit-filled ice blocks ...

Place any combo of finely diced fruit into moulds like:
mango,
blueberries,
strawberries,
watermelon,
rockmelon,
kiwifruit, drained
canned peaches,
apricots or pineapple in natural juice, or passionfruit pulp.



Top with a fruit juice of your choice then freeze until solid – at least 4 hours, or overnight.

Enjoy watching your kids eat fruit!

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

