



Kirkton Public School

Newsletter

797 Standen Drive

Lower Belford NSW 2335

t: 02 6574 7152 f: 02 6574 7227

e: Kirkton-p.school@det.nsw.edu.au

w: www.kirkton-p.school.nsw.edu.au

Term 3, Week 8

Achieve With Pride

4th September 2014

End of School Day

Children travelling home on the school bus must wait under the shelter next to the sports storeroom.

Important!!!

All other children must be collected by an adult.

Unless children can locate their parents/carer from their class lines, they will also be asked to wait under the shelter. No child is permitted to leave the school grounds unless accompanied by an adult.

It is essential that parents/carers inform the school immediately it becomes apparent they will be late for collection.

Calendar of Events

September 5th

- Alpha Show

September 15th

- Bike Day

September 19th

- Last Day—Term 3

October 7th

- First Day—Term 4 for students and staff

October 16th

- 2015 Kindergarten Orientation

October 23rd

- 2015 Kindergarten Orientation

October 30th

- 2015 Kindergarten Orientation

Please be aware that the school does not provide supervision prior to 9.00am.

Unless your child travels to school on the school bus, they should not arrive at school before 9:00am.

FLORA

FRIENDSHIP LEARNING OPPORTUNITY RESPECT ACHIEVEMENT

Enrolments for 2015

Kirkton Public School is now accepting enrolments for next year.

Canberra Recounts cont'd.....

Australian Electoral Commission

Mount Pleasant and Kirkton schools drove to the Australian Electoral Commission on Thursday 21st August.

At the Electoral Commission we learnt how to vote, and found out how people vote from long distances away.

We did get to see a 15 minute movie which was about voting. It included how women gained the vote and also how aboriginals gained the vote. While the movie was going there were holograms on the glass screen and on the porcelain faces stuck to the walls.

The holograms were speaking during the movie. In the glass screen were objects. The holograms made the movie even more interesting – they were amazing!

When everyone started our practise vote it felt like we were a lot older because everyone had to practise vote in their first election.

We voted for our favourite fruit. The choices were apple, banana, orange and peach. The winner was apple; second place was banana, third place orange and last but not least peach. We used the 'Preferential' voting system – like our parents do when they vote.

The Australian Electoral Commission was at the back of 'Old Parliament House'.

The parents who came with us from Kirkton to the Electoral Commission were Lisa, Katie and Linda. They also participated in the voting and discussions as well.

You have to be 18 years old or over to vote in an election, also an Australian citizen and enrolled to vote. The voting works by writing one to how many people there are on the ballot paper. You put your ballot paper into the ballot box once completed. Then the ballot papers are counted. The reason you vote is to elect the government for the country, state or local area.

By Murray and Blaik Yr. 5



Ready to mark the electoral roll.



Counting the votes.



Working on electoral activities

Assembly Awards 29th August

The recipients of awards are:



Kinder/Year 1: Indigo Mayo—Consistently working well in all areas
Declan Shearer—Always being cooperative and helpful
Drew Standen—Showing lovely manners at all times
Jorja Burgess—Enthusiasm and application in all that she does

Year 1/2/3: Millie Standen — *Excellence in Number*
Madalyn Campbell – *Improvement in Maths*
Max Spiteri– *Great General Knowledge*
Will Still— *Reading progress*

Year 4/5/6: Macey Howlett – Very efficient thrower of snowballs
Jesse Gallegos – Excelled in all aspects of the excursion
Chloe Black & James Standen – Exhibiting excellent Manners during the excursion

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

★ 2014 AGL ★

★ Singleton Show ★

★ Friday 26th & ★

★ Saturday 27th September ★

★ Featuring TRAVIS COLLINS! ★

★ www.singletonshow.com ★

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

CANTEEN WILL NOT OPERATE
TOMORROW DUE TO THE
ALPHA SHOW EXCURSION

Helping Children Cope with Fears and Worries

Six year old Jessica doesn't want to go to sleep in her own bed. "You stay with me Mum", she says. Jessica's Mum reads another story. Her Mum gives her one more kiss and leaves.

A few minutes later, Jessica appears in the doorway. "I'm scared something might happen to the house. The roof might blow away."

Mum: "Nothing's going to happen to the house."

Jessica: "But I saw it on TV."

Jessica had not seemed to be bothered about the TV before. Now her parents realise she must have become worried after seeing TV news items about recent storms.



Understanding Children's Fears

Children get scared for all sorts of reasons. Often their fears seem unreasonable to adults. But even what may seem illogical to adults, can be very real to children.

Some fears are very common amongst children, with different sorts of fears appearing at different ages. Preschool children are often afraid of imaginary things like monsters hiding under the bed. In early primary school children are usually more fearful of real things that might happen, like being hurt. Later fears are more typically about possible failure at school or in sport.

Noticing when children are afraid

It's not always easy to tell when a child is frightened or worried. Obvious things that the child responds to immediately, like thunder, are easy enough to recognise. But some things are not as obvious. Children may not tell you they are scared. Often they show it through their behaviour instead.

When children are scared or worried they may:

- become clingy or demand that a parent or carer stay close to them
- have sleeping difficulties or want to sleep in their parent or carers' bed
- lack confidence to do things they did happily before
- avoid situations that make them feel scared or anxious
- ask a parent or carer to do things for them or with them
- complain of tummy aches or headaches.

Helping children to cope with fears

Children need adult support in order to learn to cope with fears. They need reassurance to reduce their anxious feelings, and skills for coping so that they can gradually learn to manage fears themselves.

Learning to cope with fears and worries helps children develop confidence.

How parents and carers can help

- Acknowledge how your child is feeling. Naming it, (e.g. 'feeling scared'), helps the child begin to see fear as a normal emotion that can be overcome.
- Stay cool yourself so you can model positive coping.
- Tell them how you learned to get over fears when you were their age.
- Positive self-talk can help children put fears into perspective. For example, "The storms on TV are far away from here. My house will be O.K."
- Asking what a favourite hero might do in this situation can sometimes be helpful for encouraging children to be brave.
- Learning relaxation skills is often very helpful for dealing with fears.
- Help the child put realistic limits around the scary situation. For example, Jessica's parents could explain that the TV pictures she saw were about something that happens rarely and only when the weather is extreme.
- Since television is a frequent trigger for children's fears it is important to monitor television viewing to minimise exposure to things that may be frightening. It can also help to discuss scary things at the time they are seen on TV.

Further information on children's fears and learning to cope is available in the KidsMatter Primary resource sheet *Helping children cope with fears and worries* and on our website:

www.kidsmatter.edu.au/resources/information-resources/

This resource is part of the KidsMatter Primary initiative. We welcome your feedback at www.kidsmatter.edu.au



Australian Government
Department of Health and Ageing



The Australian Psychological Society



© Commonwealth of Australia 2010. Australian schools are permitted to copy material freely for communication with teachers, students, parents/carers and community members. While every care has been taken in preparing this material, the Commonwealth does not accept liability for any injury or loss or damage arising from the use of, or reliance upon, the content of this publication.



create

ART CARNIVAL



FLORA
FRIENDSHIP LEARNING OPPORTUNITY RESPECT ACHIEVEMENT

Kirkton Public School P&C News

Next meeting: Tuesday 9th September @ 6.30pm

Father's Day Stall

Thank you to everyone who donated gifts for our stall. We hope the children all enjoyed their shopping this morning and that all of the dads and pops enjoy their gifts and have a lovely day on Sunday.

Canteen

No canteen tomorrow due to the Alpha Show excursion.

Everyone is invited to come along to
Ms Adams Farewell Morning Tea
Monday 8th September 11am
In the Library

Please bring a plate of morning tea to share.
We would love to see everyone there.

Upcoming Events

September 4
Father's Day Stall

September 9
P&C meeting

September 12
Canteen

September 19
Canteen

September 21
Sacred Tree Markets

Minutes and Agenda

P&C minutes can be found on the school website.

Agenda items can be placed in the P&C box in the office or alternatively emailed to:
caro2228@yahoo.com.au

The agenda will go home in the newsletter prior to each meeting.

Chocolates coming soon!!!!

Uniform Shop
open Tuesday's
2.30-3.30pm

Sacred Tree Markets
Sunday 21st September
All welcome.

HAPPY FATHERS DAY

Kirkton P&C Meeting

12th August 2014

WELCOME; N Black, J Black, K Lane, D Lambert, M Douglas, T still, K Mercieca, A Standen, J Tonon

APOLOGIES; J Padgett, J Mayo, J Watkins, N Lambert, K Farrelly, M Shearer

MINUTES; Moved : N Black, Seconded : J Black.

BUSINESS ARISING

- SILENT AUCTION

Progressing very well, to date incoming sum of \$1045 (11.8.14), Last bids 22.8.14.

Encouraging feedback from all, nice to try something new.

CORRESPONDANCE

IN - Cadbury fundraising brochure, Australian fundraising brochure, P&C magazine term 3, Carnival showbags flyer, ABC jumping castles postcard

OUT - Certificates of appreciation to local donators, Application for sponsorship from C&A for Cinema Under Stars

REPORTS

PRINCIPAL see attached

PRESIDENT see attached

TREASURER

June 1st 2014 Balance \$2584.79 income \$8939.14 expenditure \$4656.39

July 31st 2014 Balance \$4656.39 income \$5898.84 expenditure \$5154.84

CANTEEN - Expression of interest needed for mums to now help with canteen roster.

To be placed in newsletter

UNIFORM - Has the jumper supplier changed? new jumpers appear to have a slightly different logo and to be inferior of quality. Joan Black o look into this as no changer of supplier has been notified

MARKET GROUP - School to be asked if we can use hot house for products. Would the school like to become involved in growing produce for markets? Teachers to be asked. If anyone would like to assist at markets, help is always appreciated.

AGENDA ITEMS

- SCHOOL WISHLIST

-tennis program part payment \$100 - P&C to pay

-Bus for bookweek excursion \$176.00 - P&C to pay

-PA system \$1448.93- P&C to pay

-Swimming sports bus \$850.00- P&C to pay

-Intensive swimming scheme bus funding \$1760.00 (school has applied for funding

-Year 6 polo contribution \$409.20 P&C not to pay as may set a president to always pay for future years

- CADBURY FUNDRAISER

later this term after silent auction, will send opt out note in newsletter for those families who do not want to participate, one box per family until money returned, names to be recorded of who has boxes and when moneys returned, profit per box \$20, Decide on chocolates to order- \$1 freddos as may be more affordable and easier to move

- FATHERS DAY STALL

stall date Thurs 4th September but to be confirmed, P&C ordered and received 66 gifts as well as donations, Wrapping session to be held closer to date.

- WORKING BEE

Date to still be advised, start time of a sat at 10am, set a short time to minimize weekend conflicts,

list of prioritised jobs to be given by Mr Douglas, No kids to come for school liability and oHS

No food and drinks to be provided. Parents to come and give what help they can without wasting their valuable time on non working duties, BYO things you require

- CINEMA UNDER THE STARS

To have in 1st November 2014, Sponsorship has been given full funding by Coal & Allied, cost \$15500-\$1900, looking at using same provider as last year as local and provided a good service and \$200 cheaper than last year, Vote on provider NSW big screens Moved J Black, Seconded by N Black

\$1500 from Coal and Allied to pay for screen, look at local businesses for further funding advertising etc

Lions club looking at supporting school in some way, All sponsors to be sent a family pass, McDonalds requesting to provide vouchers, Entry price \$25 family regardless of size, \$8 single ticket, gates to open 530pm with preshow events at 6pm, movie to be decided ask students to vote?

Advertising in newsletter, Branxton news, singleton Argus, flyer to local schools, radio stations, mailbox drop, posters in shop windows, highway signage, facebook, gumball website.

Pre show events art display, Physie group display etc, BBQ dinner for purchase, chips, lollies, drinks icecreams, coffee van, Face painting, 100 club, raffle, BBQ grill donated earlier this year to be raffled

Bouncing castle- ABC jumping castle to operate and give percentage of profit - fully insured and operated by them, cupcake stall, art/craft display by students, lolly guessing comp, glow products, lucky dips/showbags, student involvement to gate ticket sales, stalls etc, roadside parking only.

GENERAL BUSINESS

- Disco people suggesting a second disco for the year
- Soft fall equipment for school play area \$22000 we need school grants to pay for this
- Angela Standen letter re cross country training outside of school grounds

NEXT MEETING TUES 9th September 2014 630pm

MEETING CLOSE 808PM.

P&C Agenda

Tuesday 9th September 6.30pm

Welcome

Apologies

Minutes

Business Arising

- Silent auction
- Cinema Under The Stars
- Cadbury Fundraiser

Correspondence

In

Out

Reports

- Principal
- President
- Treasurer
- Canteen
- Uniform
- Market Group

Agenda items

General business

Meeting close