



Kirkton Public School

Newsletter

797 Standen Drive

Lower Belford NSW 2335

t: 02 6574 7152 f: 02 6574 7227

e: Kirkton-p.school@det.nsw.edu.au

w: www.kirkton-p.school.nsw.edu.au

Term 3, Week 3

Achieve With Pride

31st July 2014

Welcome back Mrs. Mitchell!!!

Mrs. Mitchell returned to the office today after a very busy break from school. It's great to have her back and we'll try not to inundate her with too much too quickly.

A huge thanks to Mrs. Gray and Mrs. Griffith who filled in and kept the office functioning very well. Their support and consideration of our school has been greatly appreciated.

Education Week

Last Tuesday the Singleton schools met to celebrate Public Education with a night of entertainment, awards and thank you's. This evening was held at Singleton High School and the main organiser was Broke Public School. This was an excellent night with delicious finger food provided by the 'catering corps' of Singleton High School's hospitality division.

Students representing the local schools assisted on stage to deliver the night's program. Isabella Farrelly did a great job reading her section of that program. Many awards were given out across the night – with Nicole Searles and Isabella receiving an award for their leadership as School Captains this year as well as having continued to be positive role models for their peers over the years. Congratulations to them.

Calendar of Events

July 28—August 1

- Education /Bookweek

July 31st

- Family Picnic/Book Parade/Book Fair at 1.30pm

August 1st

- Zone Athletics Carnival
- Jeans for Genes Day

August 5th

- Life Ed

August 8th

- Assembly 1/2/3

August 12th

- ICAS Maths

August 15th

- Netball Gala Day

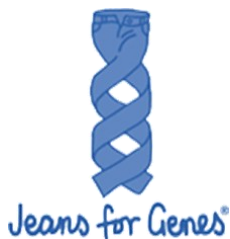
August 22nd

- Premier's Reading Challenge Finishes

August 18th—22nd

- Canberra Excursion

Jeans for Genes Day—1st August



This will be held this Friday. Students may wear their jeans to school. This year Jeans for Genes is 21 years old!!!! A gold coin donation will be accepted and forwarded to the Children's Medical Research Institute. There are pins and pens available for purchase at the office if you're passing by.

What your support achieves

\$2 – Fight cancer - A gold coin will buy enough of the crucial enzyme needed to test the blood of one patient for aggressive types of cancers.

\$5 – Treat epilepsy - Buy a badge and CMRI scientists can buy a plastic 96-in-one 'test tube' to screen 96 potential epilepsy drugs at once.

\$10 – Crack the causes of blindness - Our eye genetics group has already discovered 12 genes that cause blindness in children. Ten dollars gives our scientists 200 mini test tubes to help discover more.

\$500 – Help cure liver disease- Gather a team of volunteers and help sell merchandise on the streets across Australia and you could raise enough money to prepare a sample of cells needed to develop a treatment for liver disease. Currently the only hope for infants born with this disease is a liver transplant, but CMRI scientists have made a major breakthrough and are on their way to clinical trials in seriously ill patients.

\$1,000 – Make a new discovery - Hold your own Jeans for Genes event and you'll help our scientists test a new drug that could treat cancer, epilepsy or other neurological conditions. A drug we developed to treat epilepsy may also cure kidney disease – an unexpected discovery that has the potential to save millions of people from the need for transplants and dialysis.

Zone Athletics

Congratulations to all members of our team for making the zone competition and we wish you all the best for a great performance and lots of enjoyment.

Our team comprises of – Jago Lambert, Lauren McKewen, Madlyn Campbell, Blaik Schmidhauser, Colby Howden, Jordan Treacey, Nicole Searles, Isabella Farrelly, Darcy Lane and Asha Lane. What a great 'bunch' for Mrs. Loss to take away. Once again many thanks to those parents who were able to provide transport.

Hunter Life Van

This excellent experience for our students will be available to us on Tuesday 5th August. The programs are exceptional, and give our students a lot of information, strategies and is a very positive way of learning.

Junior primary modules focus on:

- Food and Nutrition
- Personal safety
- Safety with medicines
- Body Systems
- Social relationships, and
- Physical activity

Middle and Upper Primary modules focus on:

- Social relationships
- Self - esteem
- Body systems
- Personal safety
- Safety with medicines
- Food and nutrition
- Physical activity
- Cyber-safety
- Legal drugs - tobacco, alcohol and caffeine, and
- *Decision making

Items for purchase will be available to the students if they are permitted to buy. All money goes to the upkeep of this excellent service.

Assembly Awards 25th July

The recipients of awards are:

Kinder/Year 1: Jasper Watkins – Improved attitude to spelling activities
Jemma Elderton – Making great progress in reading

Year 1/2/3: Colby Howden — *Pleasing reading*
Raoul Lambert – *Great work in Mathematics*
Connor Folbigg– *Improved bookwork and handwriting*
Riley McKewen— *Pleasing subtraction work*

Year 4/5/6: Ella Hughes – Consistent questioning
Jesse Gallegos– Positive attitude toward work
Chloe Black – Good role model for others

Assembly Roster for Term 3

Friday 8th August 1/2/3 Friday 29th August K/1

Flora awards

FRIENDSHIP LEARNING OPPORTUNITY RESPECT ACHIEVEMENT

James Standen * Helping Tennis Coaches pack up

Gorilla Carers

Brock Burgess * Harley

Corey Spiteri * Mr Yeti



Have you returned your Life Education
Permission Note?

*FLORA
FRIENDSHIP LEARNING OPPORTUNITY RESPECT ACHIEVEMENT*

Singleton Red Cross announce the winners of their centenary competition.

Congratulations to the following students who are prize winners of the colouring in competition.

Kinder 2nd Jemma Elderton
3rd Madison Bailey

Year 1/2 1st Felina Mayo

Year 3/4 3rd Lauren McKewen

Singleton Red Cross invite you to

"Brunch and Exhibition in the Pavilion"

Date: Sunday 17th August 2014

Time: 11am– 3pm

Venue: Singleton Showground

Premier's Spelling Bee

On Thursday, August 14th at 11am we will be having our school level spelling bee. We encourage any child who would like to take part to do so. We have a list of the words used here at school that they may take home and study. Two students will be chosen from Stage 2 and two from Stage 3 to represent our school and the regional level on Wednesday, September 17th. We hope lots of students will "Have a go".

Helpful hints

This is the second section from a website I came across – RIF (reading is fundamental) These points have some ideas you may wish to try.

44 Proven Ideas Parents Can Use to Help Their Children Do Better in School

• **Motivating Your Child**

26. In addition to the three R's, children need the four A's: Attention, Appreciation, Affection, and Acceptance.
27. Some researchers believe every child is gifted, if we will just look for the ways. Helping children see their giftedness is very motivating.
28. Encourage children to read biographies about successful people. As children learn about the traits that made others successful, they are often motivated to adopt those same success patterns in their own lives.
29. Motivate your children in math by challenging them to figure out how much change you should get back from a purchase. If they get the amount right, they get to keep the change.
30. Praise children constantly.

• **Building Responsibility**

31. Try a simple cardboard box to help make your children responsible for school belongings. Have them choose a place for the box, perhaps near the door or in their room. Every afternoon, their first task should be to place all belongings in the box. When homework is finished, it goes in the box, too. In the morning, the box is the last stop before heading out the door.
32. Help children understand, and take responsibility for, the consequences of their choices: "I chose to do my home work; the result was that I got an 'A' on my math test." "I chose to get up 15 minutes late; the result was that I missed breakfast and nearly missed the bus."
33. Try giving your child the responsibility of growing a small garden, even in just a flower pot. The positive and negative results of carrying out their responsibilities are very clear.

34. One way to keep children moving in the morning: After they wake up, begin to play their favourite CD. Give them until the CD plays through to get dressed for school.

- **Reinforcing Learning**

35. Encourage kids to collect things. Whether they collect rocks, shells, leaves, or bugs is not important. By collecting, children are learning new ways to make sense of their world.
36. Estimating is an important math skill. We estimate how much our groceries will cost. We estimate how much time we'll need to complete a project at work. You can help your child learn to estimate at home. Here's one idea: As you're driving, estimate the distance to your destination. Then estimate how much time it will take to get there. Use the odometer or a map to check your work.
37. Talk about geography in terms children can understand: Go through your house and talk about where things came from. A calculator may have come from Taiwan. A box of cereal may have a Battle Creek, Mich., address, or White Plains, N.Y. Talk about where the wheat for your bread came from. Where was the cotton for your blue jeans grown? Tell your children where your ancestors came from. Find the places on a map.
38. Show your child that writing is useful. Have them help you write a letter ordering something, asking a question, etc. Then show them the results of your letter.

- **Homework**

39. Try playing "Beat the Clock" with your child during homework time. Look over the assignment and figure out about how long it should take to complete it. Allow a little extra time and set a timer for that many minutes. No prizes are needed. There is great satisfaction in getting the work done on time.

40. Teach your child to use the formula "SQ3R" when doing any homework assignment. The letters stand for a proven five-step process that makes study time more efficient and effective: Survey, Question, Read, Restate, and Review.

41. Here are tips to make homework time easier for you and your child: Have a regular place for your child to do homework. Use a desk or table in a quiet room. Be sure there's plenty of light. Find a regular time for homework. You may want to make a rule: "No television until homework is finished." During homework time, turn off the TV and radio. Help your children plan how they will use their time. Set a good example. While your child is doing homework, spend some time reading or working yourself. Then when homework is done, you can both talk about how much you've accomplished.

42. Nitty gritty homework tips: Do the most difficult homework first. Save "easy" subjects for when your child is tired.

Do the most important assignments first. If time runs short, the priorities will be finished. Do what's required first. Finish the optional assignments later, even if they're more fun.

43. Look over your child's homework every day. Start at an early age and keep it up as long as you can. Praise good work. Your interest will encourage good work.
44. Try having your child teach you the homework. The teacher always learns more than the student.

Author: Dr. John H. Wherry. Source: The Parent Institute.

K/1 really enjoyed the Musica Viva performance of
'Hercules' on Tuesday. These were our favourite parts:

Brody – Today I went to see Hercules. My favourite part was when they had a sword fight. It was funny and then it was finished.

Dean – Today I went to see Hercules. I liked when he kissed Hermione.

Drew - Today I went to see Hercules. My favourite part was when they played swords.

Felina - Today I went to see Hercules. My favourite part was when they kissed.

Declan – Today I went to see Hercules. My favourite part was the sword fighting.

Swae - Today I went to see Hercules. My favourite part was kissing.

Jorja - Today I went to see Hercules. My favourite part was when Hercules kissed Hermione.

Fletcher - Today I went to see Hercules. My favourite part was the sword fight.

Harrison - Today I went to see Hercules. My favourite part was the sword fight.

Jemma - Today I went to see Hercules. My favourite part was them kissing.

Alyssa - Today I went to see Hercules. My favourite part was when Hercules kissed Hermione and when they had a sword fight.

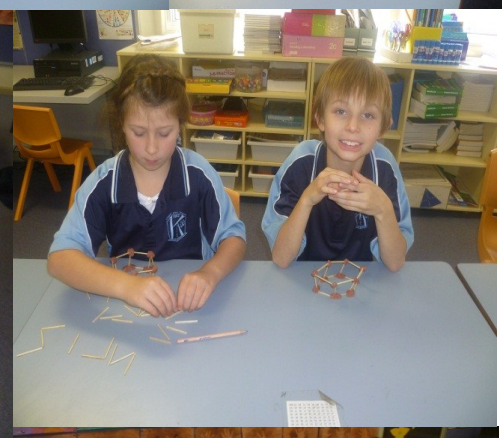
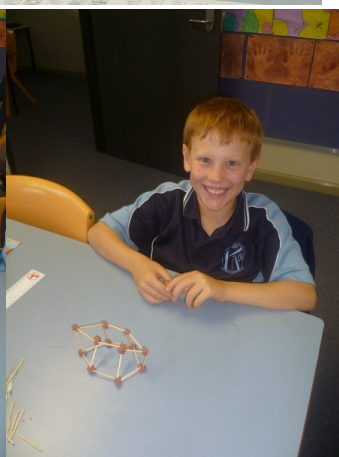
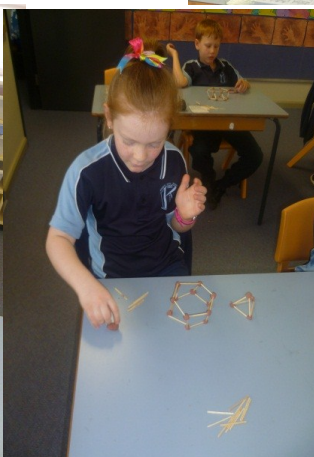
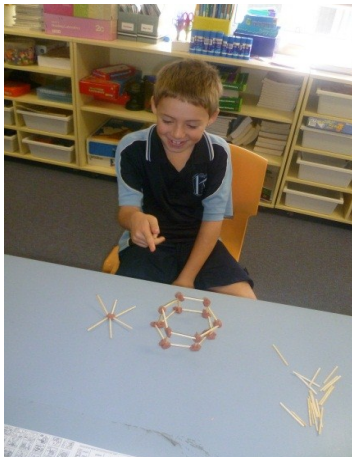
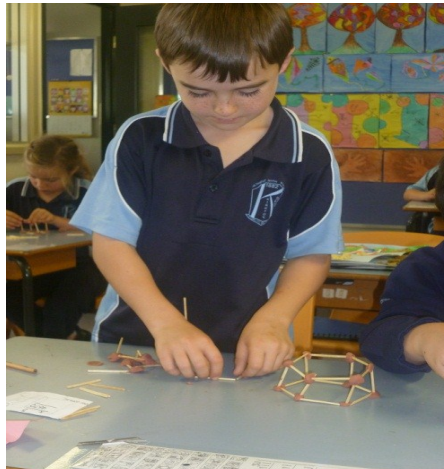
Jasper - Today I went to see Hercules. My favourite part was all the characters and the music.

Indigo – Today I went to see Hercules. My favourite part was when the sun came out. I liked her sparkles.

Isaac – Today I went to see Hercules. My favourite part was

Zeb - Today I went to see Hercules. My favourite part was the sword fight. It was funny.

This week in 1/2/3 we have been looking at 3D shapes and their properties. In particular, we looked at vertices, edges and faces. We used matchsticks for the edges and playdough as the vertices. Have a look at our 3D shapes we have made. Some shapes were easier to make then others!



Class
1/2/3



Kirkton Public School P&C News

Next meeting: Tuesday 12th August @ 6.30pm

Please come along if you can, up for discussion will be our up coming fundraisers including Cinema Under the Stars in Term 4.

Silent Auction

Our auction is now up and running. Everyone should have received a catalogue. There are more copies in the office if needed. To participate all you need to do is complete the bidders registration in the back of the book, return it to the box in the office and you will be issued with a bidding number and ready to start bidding. Many of the items are on display in the office foyer, please drop in and have a look. Any questions please don't hesitate to ask or email carmo2228@yahoo.com.au

Attached to the newsletter is a summary of the current bids. Thank you to everyone who has already returned their registration forms and started bidding. There are lots of great items to win and bargains to be had. Happy bidding!!

Aluminium Cans

Don't forget to bring your cans in and place them in the bins provided for recycling.

Coming up this term:

- Chocolate Drive
- Working Bee
- Father's Day Stall

**Don't forget
canteen
tomorrow.**

Upcoming Events



August 1
Canteen

August 8
Canteen

August 12
P&C meeting

August 15
Canteen

Minutes and Agenda

P&C minutes can be found on the school website.

Agenda items can be placed in the P&C box in the office or alternatively emailed to: carmo2228@yahoo.com.au

The agenda will go home in the newsletter prior to each meeting.

**Uniform Shop
open
Tuesday's
2.30-3.30pm**

Kirkton P&C Silent Auction

Highest bids as at 30.07.14

Item no	Description	Highest bid	Bidder no
1	Bliss Beauty Hot Stone Massage	\$20.00	03
2	Hunter Electrics call out and 1hr labour		
3	SuperStrike Bowling Family Pass	\$20.00	02
4	10x bales Lucerne hay	\$50.00	04
5	Self Guided Audio Tour of Maitland Gaol		
6	AJ's Beauty spray tan and \$30 credit		
7	\$20 voucher at Branxton Pet World		
8	TNT Special Memories photography voucher		
9	2 course dinner for 2 @ Infuzion Restaurant	\$65.00	04
10	\$50 voucher Remedial Massage	\$30.00	02
11	Newcastle Jets signed soccer ball	\$20.00	12
12	\$50 Voucher @ Ken's Kitchen		
13	Sports Power Pack and voucher		
14	The Maritime Centre Family Pass A		
15	The Maritime Centre Family Pass B		
16	Pamper Pack @ Alley Kats Hair Studio		
17	Tyrrells Wines Pack	\$60.00	06
18	2x Turkish Beach Towels	\$30.00	04
19	5x movie passes to Majestic Cinemas		
20	Sydney Roosters Poster Pack	\$20.00	05
21	8 inch android tablet	\$10.00	05
22	\$25 credit at Pure Essence	\$10.00	03
23	Race night Package at Pacers Restaurant	\$60.00	06
24	Painters Pack and Hardware voucher		
25	\$150 credit @ Valley Truck Parts	\$70.00	06
26	Signed Manly Sea Eagles football	\$10.00	05
27	\$50 custom framing voucher		
28	\$50 voucher @ Royal Federal	\$25.00	06
29	Stihl whipper snipper + accessories	\$10.00	05
30	\$50 EVVIVA Jewellery voucher		
31	2x half hour riding lessons @ Sterntaler Equestrian	\$35.00	05
32	Phoenix card and paper pack		
33	Signed Newcastle Knights Jersey	\$60.00	06

The simplest way

to look after your skin with sunscreen!

Did you know?

- Regular sunscreen use has been proven to reduce the risk of skin cancer.

Here are our 5 top tips!

- **Make sure your sunscreen is broad spectrum, water resistant and SPF 30+** –Although SPF 50+ is now available, SPF 30+ is still a great product and there is no need to throw it away!
- **Apply and re-apply** – Apply sunscreen at least 20 minutes before going outside, reapply every 2 hours.
- **Apply generously** – At least 1 teaspoon for each arm and leg, front and back of the body and half a teaspoon for face, neck and ears.
- **Remember** – Sunscreen is not a suit of armour. You also need to wear a sun safe hat and clothing, use shade and wear sunglasses.



For more information visit

www.eatittobeatit.com.au

or join us at facebook.com/eatittobeatit