



Kirkton Public School

Newsletter

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Week 3 Term 4 2013

NSW Health Alert regarding Air Quality. We will all need to be on guard because of smoke in the air. It may be necessary to restrict outside activity for a day or two.

NSW Mining Envirosmart Grant - Mrs Walter has received this grant for water conservation. A new tank will be purchased to replace the rusted metal one. This grant is made possible by Peabody/NSW Minerals Council.



2014

We were joined by 12 excited new kindergarten students who visited us today for their orientation day. Welcome to Zeb, Corey, Indigo, Drew, Isaac, Swae, Dean, Declan, Jemma, Harrison, Fletcher & Madison our twelve new Kinders for 2014.

Thank you to our lovely P&C ladies for providing Morning Tea for our Kindergarten Parents.

2014 Enrolment

If you know of anyone who is still thinking of enrolling in our school, in any grade for 2014 could you please ask them to contact the school. It is very important for us to finalise numbers to ensure we are 52 or above for next year.

CANTEEN WILL NOT OPERATE TOMORROW

FLORA

FRIENDSHIP LEARNING OPPORTUNITY RESPECT ACHIEVEMENT

Administration - End of Financial Year

The school's end of financial year is on 30 November.

Please ensure if you are intending on paying any

- school contributions
- swimming fees
- uniform payments
- excursion fees for 2013

that they are paid the before this date.

If you are in possession of cheques e.g. reimbursements etc. from Kirkton Public School, please present these to the bank asap. Unpresented cheques will be cancelled on Wednesday 30th October and will not be reissued. *Thank you*

Small Schools Display

Many thanks to those who were able to assist in flying the flag for the local small schools, and particularly Kirkton P.S. These thanks to go to both parents and children. The Principals and community members greatly appreciate your efforts and initiative.



Cyber Safety

In past newsletters we have mentioned the need for cyber safety in the home. We are fairly well protected at school, so many of the negative attributes of cyber safety are alien to the students.

The main points to get across to children are

- Photos of themselves (especially in school uniform) shouldn't be posted - or should be monitored by parents;
- don't organise meetings with those unknown on-line;
- ensure the websites the child is accessing is appropriate;
- if your child starts being secretive - check it out.
- keep personal information (address, phone etc.) to themselves;
- stranger danger is on-line to;
- what they place on-line stays on line; forever is a long time;
- filters can be used to block inappropriate sites;
- good manners for on-line usage.

Public Schools Upgrade Program

Work that will be undertaken at our school is as follows;

- Renovations to students toilet block
- Window replacement in Yr 4/5/6 classroom
- Upgrade of our septic system

Hopefully this work will be done during the Christmas holidays.

Permission Notes

Some of the activities your child will participate in at school will require a permission note. It is extremely important that all permission notes are returned to the school before the day of the activity so transport and other arrangements can be finalised.

The worst case scenario of not having permission notes returned is that your child will miss out on the activity.

Students in older classes can assist parents and take some responsibility in ensuring their notes are returned on time.

Have you returned your:

- ☐ Swimming for Sport Permission note
- ☐ Intensive Swimming Scheme Permission note

All permission notes are printed on **blue** paper.

Please look out for these and return them to school.

FREE MULCH

Contact the school if you would like some Mulch.

Presentation Night



This year's
Presentation Night
and
visit from Santa
will be held on
Friday, 6th December.
Commencing at 6:00pm

Kirkton P&C presents

cinema under the stars

featuring
DESPICABLE ME

Saturday 9th November 2013

Gates open 6.30pm - Screening at 7.15pm

Kirkton Public School
797 Standen Dr Lower Belford

\$8 per person | \$25 per family (2 adults & 2 children)

Tickets available for purchase at the gate on the night (eftpos available)

More information:
School Office - 021 6574 72215
P&C President Renae Campbell - 0458 505 309

Available for purchase -
popcorn, choc-tops, tea & coffee,
cold drinks, chocolates & lollies, plus more!

BYO rugs / seating

Dates for the diary

25/10/13	Assembly Hosted by Yrs 4/5/6
31/10/13	Kindergarten Orientation Morning
4/11/13 - 6/11/13	Great Aussie Bush Camp
8/11/13	Swimming for Sport
9/11/13	Cinema Under The Stars
11/11/13 - 15/11/13	Intensive Swimming Program
18/11/13 - 22/11/13	Intensive Swimming Program
28/11/13	Kindergarten Orientation Morning
29/11/13	Swimming for Sport
6/12/13	Presentation Night
13/12/13	Swimming for Sport
17/12/13	Pool Party–Branxton Pool
18/12/13	Last Day Term 4

Councillor Peter Blackmore, Mayor of the City of Maitland, the Councillors of Maitland City Council together with Joseph Eisenberg OAM, Cultural Director of Maitland Regional Art Gallery invite you to

face

An exhibition of artworks by K-10 students from Hunter and Central Coast Public Schools

OPENING CELEBRATION:
3.00 - 5.00 pm, Saturday 26 October 2013
at Maitland Regional Art Gallery

TO BE OPENED BY:
Karen Birrell
Arts Coordinator, Adamstown Office
NSW Department of Education and Communities

EXHIBITION DATES:
18 OCTOBER - 8 DECEMBER

MAITLAND REGIONAL ART GALLERY
230 High St Maitland NSW 2320, 02 4934 9859, mrag.org.au, (back) Samantha Brown, Rocky Roger, pastel, water colour and pencil, Year 4, Telarah Public School

Artwork by Millie, Noah and Georgina will be part of the exhibition on 26th October.

 **Cancer Council NSW**

Nutrition Snippet

The simplest way

... to increase your vegies

90% of adults in your area don't eat enough vegies! We should aim for 5 serves each and every day!

Here's some easy tips to help you out...

Eat vegetables as a snack throughout the day

- Try vegie sticks with low fat dip like guacamole or salsa, or vegie pancakes - mix creamed corn, grated zucchini or carrot into pikelet batter before cooking.

Decrease the meat in your meals + add more vegies

- For a family of four all you need is 400g of lean meat, fish or poultry per meal. Top up with extra veg. Hint: chickpeas, lentils + beans are great fillers!

Add vegies to all your meals

- Meals that are easy to add extra veg to are casseroles, stir-fries, pizzas, even the humble omelette!

For more information visit
www.eatittobeatit.com.au
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

Eat It To Beat It 



Singleton Family Support in conjunction with Advanced Personal Management (APM) will be holding a free workshop on Thursday November 14th 2013 from 10am to 12pm.

Katie from APM will be delivering tips for returning to the workplace, including assembling resumes, writing cover letters, interview technique and offering personalised follow up support to help overcome any barriers that may inhibit a return to the workforce.

Childcare will be provided. For more information or to book a place please call Singleton Family Support on 0265 724 288.

YMCA
Community
Sports
Competitions

Learn-to-Play

With the Y, you are never too young to have fun being active! YMCA Learn-to-Play is a fun, safe, non-competitive and challenging progression of physical activity programs for children aged 12 months to 12 years. All YMCA Learn-to-Play programs are carefully designed and delivered by qualified instructors to ensure that motor, cognitive, social and emotional learning is achieved in a fun and engaging way.



YMCA Itty Bitty Sports	
Tues 10-10:45am	Ages 1-3 yrs
YMCA Kinder Sports	
Tues 11-11:45am	Ages 3-5 yrs
YMCA Active Tots	
Friday 10:30-11:30	Under 6 yrs
Junior Indoor Sports	
Call the centre for details	



Learn-to-Play programs* include:

- Warm-up
- Stretches
- Skill development
- Age appropriate games
- Cool-down

*excluding Active Tots

Register your
child today!

Call the centre on
6573 1517

Bookings
essential

Register Today!

YMCA Singleton Heights Sports Centre

105 Blaxland Ave, Singleton Heights

Ph: 6573 1517, F: www.facebook.com/ymca.shsc



HALLOWEEN FAMILY NIGHT
@
**JERRY'S PLAINS SCHOOL OF ARTS
HALL**

7:00PM TIL LATE

SATURDAY 26TH OCTOBER 2013

\$5 PER PERSON or \$10 PER FAMILY

**PRIZES FOR BEST DRESSED
& MANY MORE**

**BYO EVERYTHING
or
A GOLD COIN
DONATION for SUPPER**

**GREAT NIGHT OUT FOR
THE WHOLE FAMILY!**

FLORA

FRIENDSHIP LEARNING OPPORTUNITY RESPECT ACHIEVEMENT